

"Living is precious, and is perhaps best appreciated when we live with the end in mind"

Joyce Shaw, Neurorehabilitation Service Manager

Introduction

The Hospital Anticipatory Care Plan (HANCP) is a communication tool and a plan of care following a conversation with a patient or family member which outlines the appropriate treatment and aims to provide continuity of care. The HANCP should be used for patients in hospital who are seriously ill and at risk of deterioration or nearing the end of their life.

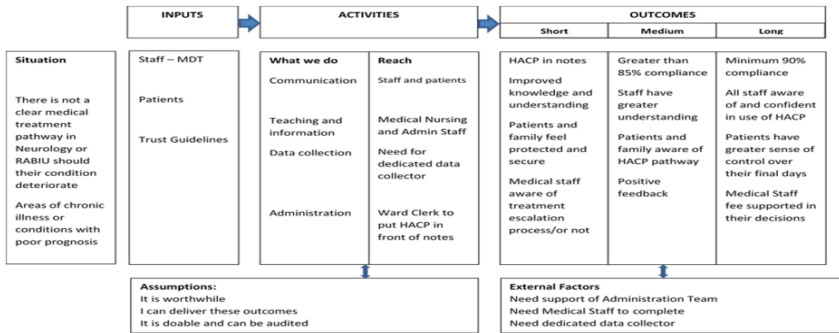
Benefits

- Enhanced communication and continuity of care
- Improved patient's, family/carer and staff experience
- Increased level of awareness of prognosis and tackling difficult conversations
- Reduces uncertainty and moral distress amongst staff
- Documents the treatment preferences of a patient and their family/carer
- Informed decision making with practical support to local teams.
- Thinking ahead.
- Reduces risk of litigation or eases the litigation pathway for the Trust.

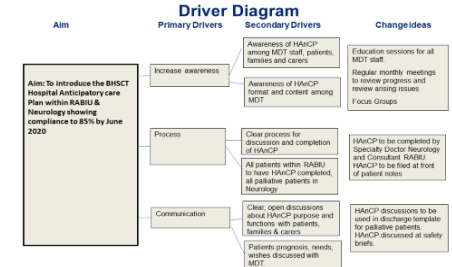
Aims

To introduce the BHSCT Hospital Anticipatory Care Plan within RABIU and Neurology Unit and Increase compliance to 85% by June 2020

Interactive Logic Model



Process Change



Results

Neurology

Following the focus group discussion on 10/12/19, 8 of the subsequent 12 months were above the goal (85%). Note compromised data (Mar-Jun 2020) due to COVID-19

RABIU

Following the focus group discussion on 11/12/19, 12 of the subsequent 15 months were above the goal (85%). Note compromised data (Mar-Jun 2020) due to COVID-19

Feedback

- "In general we have found it to be appropriate and easily discussed when admitting patients"
- "Families never bring it up without me asking first because they think it is just respite and irrelevant. I explain it is planning for the future"
- "Wish I'd had them in places I'd worked before"
- "Surprisingly with most patients it hasn't been discussed before"
- "Junior medical staff welcome planned decision making, especially out-of-hours"

Conclusions

The HANCP is accepted by Staff, Patients and Carers as a positive experience. The HANCP is a valuable tool for out-of-hours medical staff. Feedback suggests that the HANCP enhances continuity of care and patient experience.

Key Learning Points

- Need for clear directions
- Involve all multi-disciplinary team, including Administration Support
- Clear and consistent data collection protocol
- Keep focused momentum

Next Steps

Implement and establish in Spinal Cord Injury Unit, Belfast Champion wider uptake of HANCP in Belfast Health and Social Care Trust

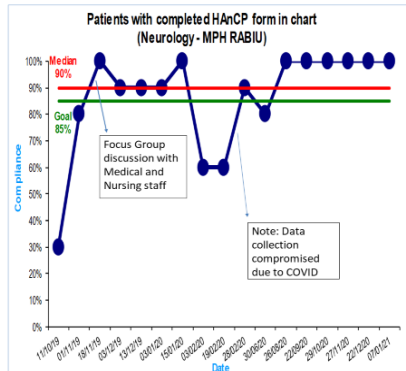
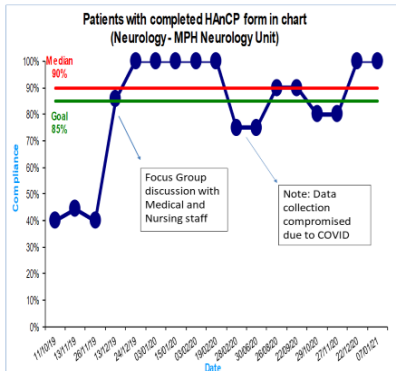
Reference Material

- Kathryn Mannix, "With the End in Mind", 2017
- Dr Calvin J. Lightbody, Minimising Harm at the End of Life, Palliative Care Seminar, Belfast 1st November 2019

Method

An established bi-monthly audit of HANCP use and compliance provided baseline data for improvement
Focus groups established to discuss implementation and change ideas

Results/Run Charts



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